

Whitfield St James' CE (VC) Primary School  
PE curriculum map 2022-2023

KS1

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Outdoor	Ball skills	Throwing	Sending and receiving	Invasion	Athletics	Striking and fielding
Indoor	Fundamentals	Team building	Balance and climbing	Dance	Fitness Yoga	Gymnastics

Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Outdoor	Balls skills	Receiving a ball/object	Throwing	Sending a ball	Athletics	Striking
Indoor	Fundamentals	Team building	Balance and climbing	Dance	Inclusive games (See SEN games) Jumping/Skip into summer	Gymnastics

KS2

PROGRAMME 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Outdoor	Tag rugby Invasion	Dodgeball and Ball skills (year 3/4)	Basketball Invasion	Outdoor Adventurous activities (OAA)	Athletics	Cricket Strike/field
Indoor	Team building	Gymnastics	Fitness	Dance	Skip into summer Yoga/Zumba Inclusive games	Gymnastics

PROGRAMME 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Outdoor	Netball Invasion	Tennis Net and wall	Football Invasion	Hockey invasion	Athletics	Rounders Strike/field
Indoor	Team building	Dance	Fitness	Gymnastics	Skip into summer Yoga/Zumba Inclusive games	Dance

If the class are swimming this replaces our indoor session over the 15 week slot.

The school uses GetSet4PE to ensure coverage of skills and objectives.