



ALL SESSIONS FREE



September 20th - 24th

WHITFIELD OPEN WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.30AM	9.30AM	9.30AM	9.30AM	9.30AM
Jake - Matrix martial arts	Glossop Leisure Centre	Helen - Beginners Running	Andy - Fun Family Fitness	Jake - Matrix martial arts
3.45PM	3.45PM	3.45PM	3.45PM	3.45PM
Centre Point Aerial Hoop	Andy - Fun Family Fitness	Jake - Matrix martial arts	Centre Point Acro Dance	Centre Point Street Dance
6.30PM	6.30PM	6.30PM	6.30PM	6.30PM
Charlotte - Walking	Glossop Leisure Centre	Andy - Fun Family Fitness	Glossop Leisure Centre	Glossop Leisure Centre