

What is Rugby all about?



Team work
Respect
Enjoyment
Discipline
Sportsmanship



So why not come and see for yourselves...

We are always training or playing Sunday mornings from 9:30am according to their age group, check out the website or email below for more details.

You will find great coaching and support from qualified and like-minded coaches and parents. We cater for all ages, boys and girls, starting with Mini-Tots pre-schoolers from age 3, then right the way through school to under 16s.

The kids play non-contact tag rugby until under 9s (year 4).

There is a safe and controlled environment where all COVID issues are dealt with according to stringent guidelines from the governing body, the RFU, as well as from the government.

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