

Upcycle Fashion Show



This is the perfect activity to keep your children occupied during the holidays. They will have hours of fun designing, planning, making and performing their own fashion show using old clothing.

You will need:

Old clothes of all sorts

Fabric paint and paint brushes

Scissors

Fabric or white glue

Fabric marker pens

Sequins, tassels and any other decorative clothes items

Needles and thread



Instructions:

1. Set your children the task that they are going to put on their own 'Upcycle Fashion Show'. The aim of the show is to upcycle old clothes by making them into funky new clothes and garments.
2. Depending on what materials you have, discuss with your children how they could upcycle the old clothes (you could look online for inspiration at this point).
3. Plan what they are going to make and how they will make it. They may wish to glue sequins to old clothes to make fancy patterns on them and, if age appropriate, your children may wish to sew on patches and patterns to give new life to old clothes.
4. Once they have planned their outfit, they can now start to make their 'Upcycled Fashion Show' clothes.
5. When the clothes have been made, children can choose music and practise their catwalk walk while describing their outfits and what they have done to them.
6. Finally, perform the show to family and friends. This is great fun and will help your children think about how they can re-use and upcycle clothes in the future.