Hello again Aloe Vera class,

I hope you and your families are all keeping well.

Something very important is happening this week and I would love you to get involved with it. It's Mental Health Awareness Week and the theme is 'kindness' which, as you all know, is our number one rule in our class. It's important to be kind to others but also to ourselves too. I thought it would be nice for you to



create a kindness jar (suggested in the book 'Kind' that we have read in class); every time you do something kind for someone else, or for yourself, you write it down on a slip of paper and put it in your jar. Watch your acts of kindness build up and notice how good it makes you feel! Remember, an act of kindness could just be a smile. Have a look on the official website with your parents <u>https://www.mentalhealth.org.uk/campaigns/mental-health-awarenessweek</u> for more information about Mental Health Awareness Week which is important now more than ever.

Some other ideas to keep you busy this week:

- English: I haven't set anything spelling related since we closed school. Please remember to keep practising the common exception and high frequency words. See below for an extra spelling activity; there's lots of different pages so maybe just target 3 per day. The answers are included.
- Topic: This week we are looking at predatory birds. See sheet below for more information on this activity.
- Maths: We are moving on to look at perimeter this week. Have a look at this website first https://www.theschoolrun.com/what-is-the-perimeter then try the worksheets on measuring and calculating perimeter. You could then measure and calculate the perimeter of your garden or bedroom. Also don't forget to keep practising your times tables. You could use TT Rockstars, Hit the Button or good old fashioned pen and paper.
- Computing: Please keep checking your 'To Dos' on Purple Mash. Mrs. Southworth has been working very hard setting activities for you.
- Music: Mrs. Collins has found a brilliant singing challenge happening on June 2nd. See below for more information on this. I will be getting involved!
- Art Have a look at 'The Paint Republic' on Facebook and join in with one of their live tutorials. Remember to only use Facebook when your parents are there.

If you would like to show me what you have been up to, or just drop me a line to say hello, the email address is <u>aloevera@st-james.derbyshire.sch.uk</u> I have really enjoyed hearing from so many of you.

Massive shout out to all of your wonderful parents who are keeping you all safe at home and helping you to learn whilst juggling a million other things. Thank you for everything you're doing.

Take care, and remember, be kind, Miss Graham x