

Art!

# KS1 ACTIVITY PACK



## COORDINATE WITH TEACHERS

Follow the learning plans, but have a chat with the teacher to learn what is expected of them and of you. Build a workflow that works for your child and your family.



## SET A SCHEDULE...

You may be following a lesson plan, but it's up to you and your child to set how you'll work with it. If you do have the flexibility, set up times for study and breaks at times that work with your child and family.



## ...BUT BE FLEXIBLE

Changes do happen. Even if you have lesson plans and study schedules, home school is a new scenario for many. Don't be too hard on yourself. Allow time to adjust.



## LEAN IN TO YOUR CHILD'S NATURAL INTERESTS

If your child is really engaged and self-driven on certain topics, schedule these topics during times where you can take a mental break or focus on other work.



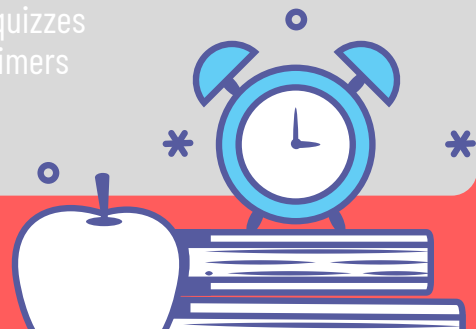
## CONNECT WITH PARENTS

Mailing lists or group chats are helpful. You can chat with parents going through home school the first time, share stories, get tips. Times may be hard but you don't have to go through it alone.



## FIND SOME ONLINE RESOURCES FOR...

- Worksheets and Activities
- Online quizzes
- Focus timers



# COLOUR MONSTER

## WHAT YOU NEED

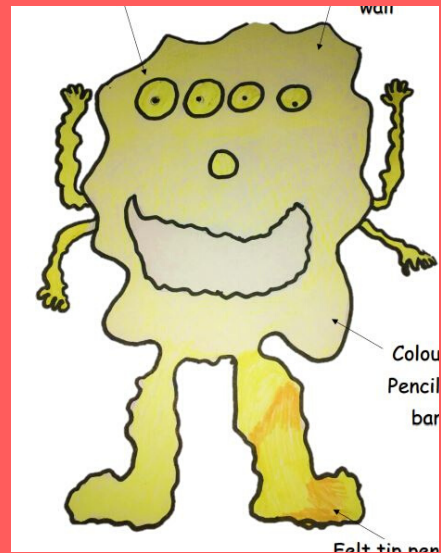
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Crayons

Paper(A3 if possible)

Coloured pencils

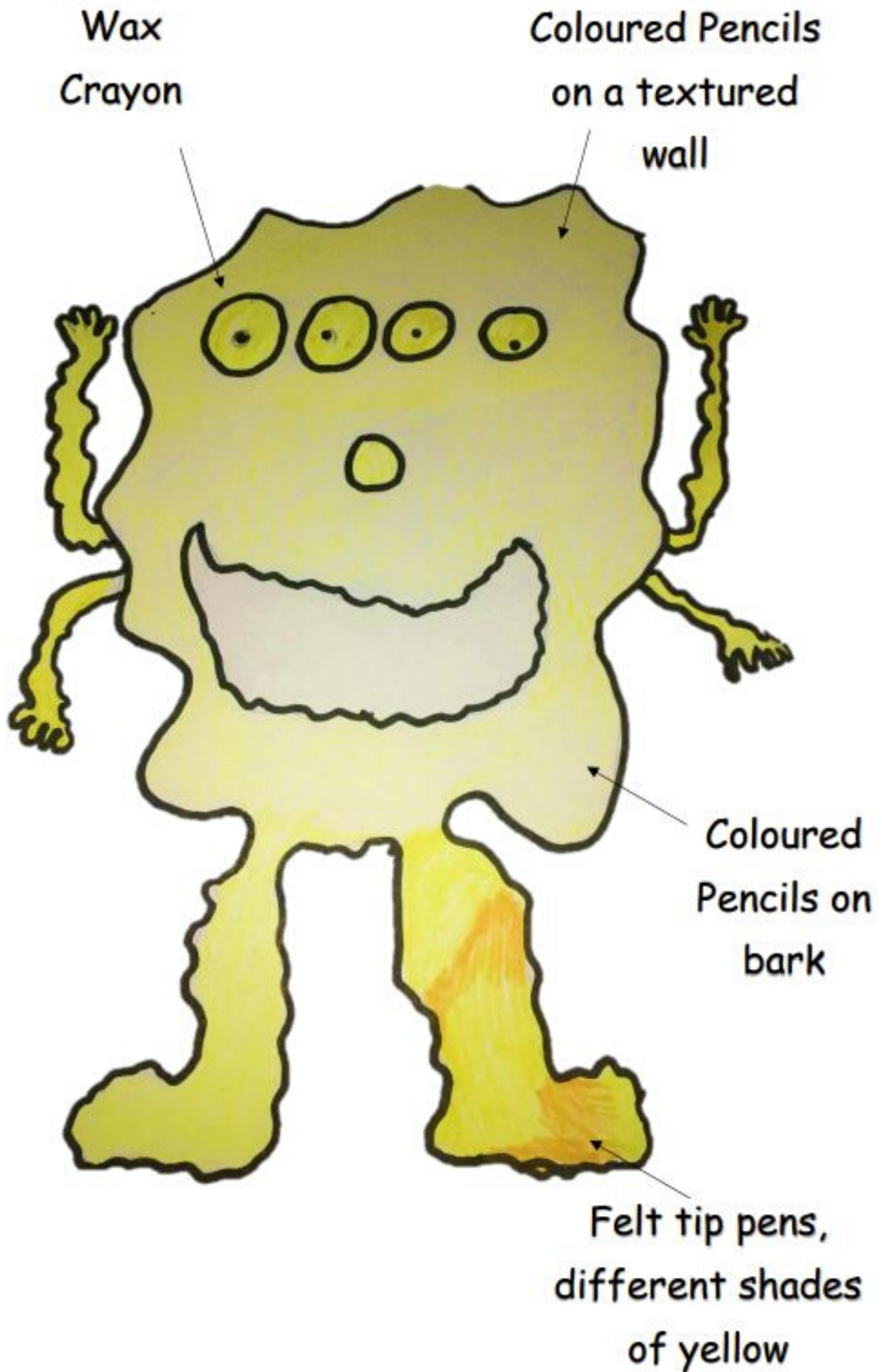
The outdoors!



## INSTRUCTIONS

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1. TODAY YOU WILL BE CREATING YOUR OWN COLOUR MONSTER. WHAT COLOURS DO YOU WANT TO USE AND WHY? HOW DOES EACH COLOUR MAKE YOU FEEL?
2. WATCH THE COLOUR MONSTER VIDEO:  
<https://youtu.be/bpLmzxbeVmU>
3. THINK ABOUT HOW YOU WANT TO DO YOUR MONSTER AND WHY? WHAT OBJECTS CAN YOU USE TO CREATE A TEXTURED BACKGROUND COLOUR?
4. HAVE YOU TRIED MIXING COLOURS TOGETHER? WHY NOT MAKE A NOTE OF NEW COLOURS YOUR CREATE WHEN MIXING TWO TOGETHER!
5. TELL SOMEONE AROUND YOU ABOUT YOUR MONSTER. WHAT IS THEIR STORY? HOW ARE THEY FEELING?



# SHADOW DRAWING

## WHAT YOU NEED

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Paper

Pencils

Objects of your  
choice!



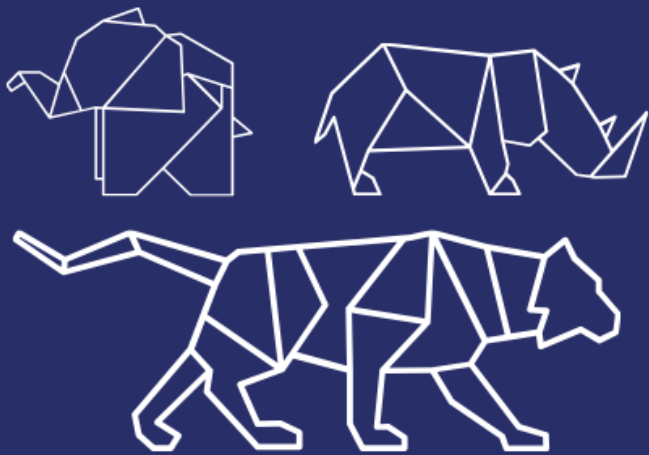
## INSTRUCTIONS

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1. Go outdoors if possible to a sunny area
2. Place various objects in the sun and place pieces of paper where their shadow falls
3. The aim is to try to very patiently draw the silhouette of the items with their shadow!
4. Once you have managed to do this, try and detail your drawing with colours, or maybe even adding details that the object has!

**SOMETHING  
TO TRY OUT  
WITH YOUR  
CHILDREN:**

# **SHADOW DRAWING**



# ARTISTIC RAINBOWS!

## WHAT YOU DON'T NEED

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Crayons

Pencils

Paintbrushes



## INSTRUCTIONS

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1. THE AIM OF THIS ACTIVITY IS TO CREATE A RAINBOW USING ABSTRACT OBJECTS- THIS COULD BE ANYTHING FROM OUR FINGERS, TO LEAVES, SPONGES ETC
2. DRAW A RAINBOW AND PAINT IT WITH ABSTRACT OBJECTS, THEN COLOUR IN YOUR RAINBOW
3. LEAVE THIS IN A SAFE PLACE TO DRY

## WHAT YOU NEED

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Crayons

Pencils

Paintbrushes

Paint

Paper



## INSTRUCTIONS

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1. LET YOURSELF RELAX IN THE OUTDOORS BY DRAWING YOUR SURROUNDINGS
2. SELECT AN AREA, AN ITEM (MAYBE A FLOWER) OR MAYBE EVEN THE SKY AND START TO DRAW WHAT YOU SEE
3. COLOUR THIS IN USING PAINTS AND PAINTBRUSHES, AND IF YOU DON'T HAVE THESE, TRY USING CRAYON AND PENCIL

## INSTRUCTIONS

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1. Use the Annaka Harris resources to perform the Mindful Hearing and Mindful Breathings with children: <https://annakaharris.com/mindfulness-for-children/>
2. Listen to the music and think about what feelings, colours, emotions, shapes come into mind. [https://youtu.be/bn-ERrsr\\_wk](https://youtu.be/bn-ERrsr_wk)
3. While you listen to the music again, try and draw how that music makes you feel and write a sentence on the back about how the music made them feel and how you expressed this in your picture

## WHAT YOU NEED

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Colouring pens

Paints

Pencils

Felt tips

